

# Step Final By Conférence Conference By finale Step

**FRIDAY 8 OCTOBER**  
**VENDREDI 8 OCTOBRE**  
**VRIJDAG 8 OKTOBER**

**2021**

**Lille, France**

## **AGENDA**

- 10.30**    **Welcome, from Alice Chapman-Hatchett**  
Director, The Health and Europe Centre
- 10.40**    **The SBS context & the ‘sheds’ concept**
- Barry Golding, Influential researcher amongst the Men’s Sheds movement
  - Martin Tod, Chief Executive of the Men’s Health Forum
  - Phil Packer, Discussant - Mental Health and Wellbeing Advocate
- 11.00**    **New approaches for improving men’s health & employment**
- The SBS model
  - Embedding health and employability - how training, peer support and developing the right culture can empower communities
  - Digital Wellbeing – Tools for the SBS Shed Community
  - Questions/Answers
- 11.50**    **Break**
- 12.00**    **Impacts & dissemination of the SBS model**
- Key evaluation findings from the University of Chichester
  - Stories from our Shedders
  - Questions/Answers
- 12.50**    **Social innovation or how to meet the upcoming challenges together**
- Thierry Coulomb, General manager of the Nord-Pas-de-Calais community centres Federation
- 13.00**    **Event close**

## About our speakers

### **Barry Golding**

Barry Golding is a professor in adult and community education at the Federation University Australia. He is a key figure in Men's Sheds research with several published papers and books highlighting the personal benefits Men's Sheds attendance facilitates, particularly adult learning. In 2013, he was presented with an award by the Australian Men's Sheds Association for his 'outstanding contribution to the Men's Sheds movement'.

### **Martin Tod**

Martin Tod is Chief Executive of the Men's Health Forum, the centre of excellence for men's health policy and practice. The Forum is a charity whose mission is to improve the health and men and boys in England, Wales and Scotland. He is also an elected Councillor, a local campaigner on a wide range of issues and an active volunteer primarily with homelessness charities and environmental groups.

### **Phil Packer**

Phil's military career spanned 17 years, on retiring from Her Majesty's Armed Forces he re-directed his energies towards making a positive difference to the lives of young people facing adversity, those coping with mental or physical trauma and the charities who support them. In addition to raising funds and awareness, he has made Mental Health, Mental Fitness and Wellbeing his business and duty remains the driving force in his life. He supports numerous charities as an ambassador and patron. His knowledge of fundraising, mental health and Corporate Social Responsibility strategies has enabled him to collaborate with charities, businesses and communities.

### **Thierry Coulomb**

Thierry Coulomb is the General manager of the Nord-Pas-de-Calais community centres Federation which is composed of 169 community centres. He is an expert in the fields of social inclusion and development, and in empowering vulnerable people. Thierry Coulomb is also an expert in the partnership coordination and in the institutions and public outreach.

## SBS project partners

### **Alice Chapman-Hatchett**

Director of the Health and Europe Centre

### **Sullivan Maisonneuve**

General manager of the Wattlelos Community Centres Association

### **Natalie Garwin**

Public Health Commissioning Officer at the Hampshire County Council

### **Phillip Lerwill**

Sales director of Wellbeing People

### **Ruth Lowry & Andy Wood**

Researchers at the University of Chichester